

PSHCE Curriculum Plans:

| Year | Autumn Term | Spring Term | Summer Term |
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| U3 | What is bullying Anti-bullying Gangs and other worrying things E-safety | Human rights – the Equality Act Refugees and asylum Seekers Prejudice and the dangers of a prejudice society My identity | Friendships, hierarchy and peer pressure Puberty and mood swings What is sex? |
| L4 | What is bullying? What to do if you see someone being bullied. Who can you turn too?Anti-social behaviour - what to do in intimidating situations and how to behave appropriatelyE-safety | Voting - Looking at political parties and what they stand for. Learning the process of voting and how this impacts the United Kingdom. What is meant by prejudice? What is identity? Discrimination and equality | Appropriate behaviour Hygiene Age of consent - why it is important to respect yourself. My skills – Recognition of skills and what careers suit these attributes. |
| U4 | Dressing appropriately Body image and healthy living - nutrition and what makes a healthy diet? Gangs and violence E-safety The dangers of alcohol and substance abuse | Politics and parliament in the United Kingdom. Exploring human rights - looking at identity; immigration; race and prejudice; asylum seekers and associated legal implications Prejudice and discrimination Human rights – the Equality Act and the rights of the child | Appropriate behaviour The age of consent - arranged marriage; FGM and CSE; control in relationships Contraception and STI's Careers morning – pupils take part in an information morning with visiting speakers. Career stereotypes challenged Cascaid Kudos – an introduction to the computer based programme focussing on careers. |

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| L5 | Confidence and self-worth - Building confidence about the way we look and the way | The Legal system in the United Kingdom | Relationships and appropriate behaviour |
| | we conduct ourselves in everyday life | Asylum seekers – identity; ethnicity; cultural issues such as 'banning the burqua' | Gender and Sexuality |
| | Body image and celebrating difference | Violent extremism - the Prevent strategy; | Arranged marriage; FGM;CSE |
| | Gangs and implications on life; | groups of extremists and the implications of discrimination because of ethnicity and religion | Abortion - Ethics and awareness |
| | E safety - What is a digital footprint and how this may impact on school life | Being Me' - Understanding my unique identity | Cascaid Kudos – personal attributes, skills, likes and dislikes. |
| | The dangers of alcohol and substance abuse | | Exploring careers. |

| U5 | Inclusion | Democracy and the freedom to vote | Staying safe in a relationship - Peer pressure, respect and the age of consent. Why is this the |
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| | Body image and self-esteem Staying safe - Dressing appropriately and being aware of risks E safety - Social networking and staying safe online; risk awareness and the importance of | Caring for the community both local and international Inclusion and isolation and the potential dangers of extremism as a result Identity and diversity | law? Contraception and STI's Sexuality - Lesbian, gay bisexual and transgender information; arranged marriage; FGM; CSE Cascaid Kudos – exploring careers. Pupils |
| | using it correctly and within the law The dangers of alcohol and substance abuse | | study pathways into their chosen career. 'What Career Live' – pupils will receive information on different careers and attend |
| | | | talks from a variety of agencies and universities offering help and guidance through their chosen pathway. CV – developing a curriculum vitae. |