

PSHCE Curriculum Plans:

Year	Autumn Term	Spring Term	Summer Term
U3	What is bullying Anti-bullying Gangs and other worrying things E-safety	Human rights – the Equality Act Refugees and asylum Seekers Prejudice and the dangers of a prejudice society My identity	Friendships, hierarchy and peer pressure Puberty and mood swings What is sex?
L4	What is bullying? What to do if you see someone being bullied. Who can you turn too?Anti-social behaviour - what to do in intimidating situations and how to behave appropriatelyE-safety	Voting - Looking at political parties and what they stand for. Learning the process of voting and how this impacts the United Kingdom. What is meant by prejudice? What is identity? Discrimination and equality	Appropriate behaviour Hygiene Age of consent - why it is important to respect yourself. My skills – Recognition of skills and what careers suit these attributes.
U4	Dressing appropriately Body image and healthy living - nutrition and what makes a healthy diet? Gangs and violence E-safety The dangers of alcohol and substance abuse	 Politics and parliament in the United Kingdom. Exploring human rights - looking at identity; immigration; race and prejudice; asylum seekers and associated legal implications Prejudice and discrimination Human rights – the Equality Act and the rights of the child 	 Appropriate behaviour The age of consent - arranged marriage; FGM and CSE; control in relationships Contraception and STI's Careers morning – pupils take part in an information morning with visiting speakers. Career stereotypes challenged Cascaid Kudos – an introduction to the computer based programme focussing on careers.

Year	Autumn Term	Spring Term	Summer Term
L5	Confidence and self-worth - Building confidence about the way we look and the way	The Legal system in the United Kingdom	Relationships and appropriate behaviour
	we conduct ourselves in everyday life	Asylum seekers – identity; ethnicity; cultural issues such as 'banning the burqua'	Gender and Sexuality
	Body image and celebrating difference	Violent extremism - the Prevent strategy;	Arranged marriage; FGM;CSE
	Gangs and implications on life;	groups of extremists and the implications of discrimination because of ethnicity and religion	Abortion - Ethics and awareness
	E safety - What is a digital footprint and how this may impact on school life	Being Me' - Understanding my unique identity	Cascaid Kudos – personal attributes, skills, likes and dislikes.
	The dangers of alcohol and substance abuse		Exploring careers.

U5	Inclusion	Democracy and the freedom to vote	Staying safe in a relationship - Peer pressure, respect and the age of consent. Why is this the
	 Body image and self-esteem Staying safe - Dressing appropriately and being aware of risks E safety - Social networking and staying safe online; risk awareness and the importance of 	Caring for the community both local and international Inclusion and isolation and the potential dangers of extremism as a result Identity and diversity	law? Contraception and STI's Sexuality - Lesbian, gay bisexual and transgender information; arranged marriage; FGM; CSE Cascaid Kudos – exploring careers. Pupils
	using it correctly and within the law The dangers of alcohol and substance abuse		study pathways into their chosen career. 'What Career Live' – pupils will receive information on different careers and attend
			talks from a variety of agencies and universities offering help and guidance through their chosen pathway. CV – developing a curriculum vitae.